



WEEK	DAY	MAINS		SIDES	PUDDINGS
		Meat	Vegetarian		
2 nd Sept	Monday	Cheese & tomato pizza ^(1,3,6,11)	Vegetable tagine & couscous ⁽³⁾	½ baked potato, sweetcorn, baked beans	Strawberry mousse ⁽¹⁾
23 rd Sept					
14 th Oct	Tuesday	Chicken stir fry ^(3,6,11)	Sweet potato & chickpea curry	Lemon & pea rice, broccoli, carrot & courgette	Pear & chocolate marble sponge ^(1,3,11) chocolate sauce ⁽¹⁾
11 th Nov	Wednesday	Roast chicken & gravy	Winter casserole cobbler ^(1,3)	Skin-on roast potatoes, cabbage, winter roots	Rice pudding ⁽¹⁾ & jam ⁽¹²⁾
2 nd Dec	Thursday	Pasta Bar ⁽³⁾	Tomato pasta bake ^(1,3)	Herby bread ^(1,3,6,11) , carrots, sweetcorn	Oaty apple crumble ⁽³⁾ & custard ⁽¹⁾
6 th Jan	Friday	Fish fingers/salmon fishcakes ^(1,2)	Spinach & cheddar quiche ^(1,3,11)	Chips, baked beans, peas	Cookie choice ⁽³⁾
27 th Jan					
9 th Sept	Monday	Mac & cheese ^(1,3,14)	Vegetable biryani	Broccoli, sweetcorn	Chocolate orange brownie ^(1,3,11)
30 th Sept	Tuesday	Chicken sausages ^(3,12)	Quorn sausage ^(1,3,11)	Mashed potato, baked beans, peas	Fruit sponge ^(3,11) & custard ⁽¹⁾
28 th Oct	Wednesday	Roast turkey & gravy	Vegetable lasagne ^(1,3,14)	Roast potatoes, carrots, cabbage	Fruit jelly
18 th Nov					
9 th Dec	Thursday	Pasta bar ^(1,3)	Tuscan bean stew & couscous ⁽³⁾	Garlic bread ^(1,3,6,11) , garden salad, sweetcorn	Fruit salad
13 th Jan	Friday	Battered fish ^(1,2,3)	Cheese & leek pasty ^(1,3)	Chips, baked beans, peas	Iced carrot cake ^(1,3,11)
3 rd Feb					
16 th Sept	Monday	Margherita pizza ^(1,3,6,11)	Vegetable chilli & rice	Baked potato wedges, baked beans, sweetcorn	Cherry shortbread ⁽³⁾
7 th Oct	Tuesday	Moroccan chicken	Mediterranean pasta bake ^(1,3)	Rice, broccoli, winter salad	Orchard goodie ⁽³⁾ & custard ⁽¹⁾
4 th Nov	Wednesday	Roast beef & gravy	Spinach & pepper souffle potato ^(1,11)	Roast potatoes, cauliflower, carrots	Chocolate mousse ⁽¹⁾
25 th Nov					
16 th Dec	Thursday	Chicken pie & gravy ⁽³⁾	Quorn sausage & bean casserole ^(1,3,11)	Mashed potato ⁽¹⁾ , peas, root vegetables	Fruit salad
20 th Jan	Friday	Fish fingers ^(1,2)	Mixed bean wrap ⁽³⁾	Chips, sweetcorn, baked beans	Ice cream ⁽¹⁾ or yoghurt ⁽¹⁾
10 th Feb					



Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE