

HEADTEACHER'S NOTE

Next week is Mental Health Awareness Week and your children will be taking part in activities that promote 'Growing Together'. The theme of Growing Together encourages children to consider how they have grown and how they can help others to grow. The last couple of years have been especially tricky for us all and many children will have experienced challenges and setbacks. However, we can reframe these negative experiences and instead see them as an opportunity to grow and increase resilience. [Place2Be](#) has some great resources that parents can tap into to support their child's mental health and wellbeing. I especially like the [Parenting Smart](#) section which has quick reads and top tips on everything from 'homework' to 'raising a resilient child'. This page from [The Children's Trust](#) has links to other web-based resources that parents might find useful.

THANK YOU

A big thank you to all of the parents and staff who took part in our recent 'insight' sessions for the parent communications review. Your feedback has been invaluable and we are currently putting a plan into place based on these findings. We will keep parents updated on our progress!

PE - SUMMER TERM 2022

MON	TUES	WED	THUR	FRI
Y1 PE	R DANCE	Y2 PE	Y1 PE	Y3 PE
Y2 PE (Cashmere)	R PE	Y4 DANCE	Y4 YOGA	Y5 SWIM
Y3 SWIM	Y2 PE (Tartan)			Y6 DANCE
Y4 P5				
Y5 YOGA (TWEED)				
Y5 TENNIS (CORDUROY)				

KEY DATES

Monday 9th May

Y6 SATs week

NEW DATE - Tuesday 17th May

Author, Cerrie Burnell visits Y5&Y6 (info to follow)

Wednesday 18th May

Trip - Y4 to Natural History Museum (packed lunch required)

Thursday 19th May

Trip - Y3 Bromley Free Commons Hike (packed lunch required)

Monday 23rd May

Trip - Y6 Residential to Cobnor (all week)

Tuesday 24th May

Last day of morning and after school clubs

Monday 30th May - Friday 3rd June

Half term

Monday 6th June

School closed - Day in lieu of the Queen's Jubilee Bank Holiday

Tuesday 7th June

Staff Inset Day (school closed)

Wednesday 8th June

Morning and after school clubs begin

Thursday 9th June

Trip Y2 Unicorn Theatre Visit (packed lunch required)

Friday 10th June

Trip Y3 Unicorn Theatre Visit

Monday 13th June

Trip Y6 British Museum (packed lunch required)

Wednesday 15th June -Summer Concert (details to follow)

Thursday 23rd & Friday 24th June

Scholastic book Fair (open to all before and after school)

Friday 24th June

SAVE THE DATE - ART EXHIBITION (PM) details to follow

Monday 4th July

Last day of morning and after school clubs

Wednesday 6th July

Parent Consultations (parent meetings)

Thursday 7th July

Parent Consultations (parent meetings)

SCHOOL CLOSURES AT 1:15PM

Tuesday 19th July

Y2-6 Swimming Gala (details to follow)

Thursday 21st July

SPORTS DAY (details to follow)

Friday 22nd July

Last day of term (finish at 1:15pm)

THE FRIENDS' FRIENDLY

Friends of
Belham



ISSUE 144: 6 MAY 2022

Meet the FOB Committee & Class Reps

<http://www.thebelhamprimaryschool.org.uk/friends-of-belham.html>

friendsofbelham@gmail.com

SAVE THE DATE

14 May	School Summer Fair
21 May	Reception playground refurb volunteer day
22 May	Velodrome Cycling morning
11 June	Belham gardening day
14 June	Belham Lates: Maths, Magic & Mystery
1-3 July	FOB Camping weekend
16 July	Belham gardening day

All tickets from: <https://www.tickettailor.com/events/friendsofbelham>

SUMMER FAIR – 1 WEEK TO GO!!

The school summer fair is coming up on the 14th May. The weather is looking great (fingers crossed!), and it's shaping up to a great event with live jazz, a magician, bouncy castle, face painting and more.

Drop off your donated goods!

Every morning until Fri 13th May, we will be collecting the following donated items in the main school playground each day at drop-off:

- Unopened bottles of alcohol (wine or sprits) or non-alcoholic bottled drink - for the Bottle Tombola
- Unused or very good quality second hand toys and games for the kids tombola
- Other second hand toys and kids books to sell at the second hand stall

Next Friday 13th May, we will be collecting:

- Cakes and biscuits – incl. vegan bakes
- Plant donations (indoor and outdoor plants)

Volunteers still needed:

We wholly rely on parent power to make this event happen, and really need your help! Please sign up on this form ASAP if you can help out, even for an

hour on the day:

<https://forms.gle/qiikTTo7z7233PuV7>.

Some specific activities that we need help with:

Face painting - are you a secret artist? Are you good with a brush? The more volunteers we have, the shorter the queues will be for face painting... All equipment provided and we're happy to do a practice session.

Stalls – we need help to run the second hand toy/book stall and the tombolas

BBQ and drinks – are you a budding grill master?

Bouncy Castle – authoritative voices required to manage the invading hoards!

Games – enthusiasts needed for hook a duck, mash the potato, putt-a-fiver and more

Craft – do you love a bit of arts and crafts?

Popcorn and ice lollies – lots of fun!

Smoothie bikes – overseeing exertions on the school's smoothie bikes!

Cakes – serving up delicious bakes

And more....

Young entrepreneurs?

We have a great group of children signed up to sell their wares at the 'Young enterprise' stall at this year's fair. If you have a child who would like to sell any of their creations or enterprising products at the fair, please email friendsofbelham@gmail.com.

VELODROME CYCLING SESSION 22ND MAY – FEW TICKETS LEFT!

The next Belham velodrome session will be on Sunday 22nd May. There are 4 different sessions for all years and abilities, including a learn to ride session for inexperienced cyclists! Tickets and information here:

<https://www.tickettailor.com/events/friendsofbelham/689112#>

RECEPTION PLAYGROUND REFURB VOLUNTEER DAY SAT 21ST MAY

Following the success of last year's volunteer day at the Copleston Garden, next up is the Reception playground! Drop in any time, 9am-5pm on Sat 21st May, via Maxted Road entrance.

On the day, we will be building a bug hotel, digging out a mini wildlife pond, putting down some sand and bark in the mud kitchen corner, assembling lots of exciting new play equipment, and repainting the back wall.

Please come along for part or all of the day. Children can attend but you are responsible for their safety. If you'd like to express an interest, contact Doug on 07740 457 276, friendsofbelham@gmail.com.

PARENT VOLUNTEERING DAY RECEPTION PLAYGROUND SAT 21 MAY 2022



SAVE THE DATE: MATHS, MAGIC & MYSTERY!

14 June 6.30pm at school

In this entertaining and interactive talk, bestselling maths author Rob Eastaway (an East Dulwich resident) demonstrates the creative side of maths for mums, dads and kids, with mind-reading tricks, games and curiosities that you can explore at home. This is ideal for children aged 7+ (and for parents and other adults, too!). Talk will last around 40 minutes. Tickets will go on sale next week.

BELHAM CAMPING IS BACK 1st-3rd JULY!



The Belham Camping weekend is back!! Three years after our last venture, we are excited to invite all Belhamites and their families to our camping weekend at the South London Scout Centre. This secluded camping field in Dulwich and Sydenham Woods - less than 3 miles from our school - allows the children to run wild and enjoy some magical summer evenings with their friends. Tickets sell quickly, so get your orders in fast!

You can camp for 1 night, 2 nights or even just spend the day on Saturday and return to your own bed! Tickets are £5.50 per person per night:

<https://www.tickettailor.com/events/friendsofbelham/693471>

Families need to bring their own tents, camping gear and some food.

We will be providing face painting (volunteers needed!), story time for children, a bar stocked by Brick Brewery, hot dogs for sale on Saturday evening, and a coffee truck selling coffee and pastries on Sunday morning. It is also possible to order takeaway deliveries to the campsite, or even walk to Dulwich Village for sustenance!

JOIN THE BIG PLASTIC COUNT WITH GREENPEACE

Great science experiment to do with the kids...



sign up to track your plastic for one week (16th to 22nd May) and contribute to the biggest ever investigation into household plastic waste. Help campaigners gather evidence to show the UK Government that 2022 is the year for action on plastic!

<https://thebigplasticcount.com/>

UNIFORM LABELS

Friends of Belham has registered with two name label companies that offer commission to school PTAs. Both labels have been tried and tested by committee members and are recommended! If you are in need of new stick-on labels, please consider these suppliers:

- 1) [Stikins](#) – enter Belham school code 36250 at checkout to earn 15% commission for FOB.
- 2) [Mynametag.com](#) – enter Belham school code 105032 at checkout to earn 24% commission for FOB.

FOB CROCKERY RENTAL

FOB owns some items of kitchenware that can be rented out by parents for a small fee. We have:

- c.200 plastic cups
- 48 plastic plates
- 48 glass tumblers
- 3 plastic jugs
- 6 x extra large flasks for hot drinks

Parents can rent them for £10 per event when not being used by FOB.

Please contact friendsofbelham@gmail.com if you would like to use them.

