

## HEADTEACHER'S NOTE

A reminder to all parents that I will be continuing my virtual 'drop in' sessions from next week on Thursday from 3pm to 4pm. These are ten minute slots where you can have a chat with me about any aspect of school life. Of course, your child's teacher and the senior leadership team are also available to contact about anything more specific to do with their learning. I very much miss the 'face-to-face' aspect of school life where we would usually invite parents in, so for me, it's been lovely to see some familiar faces!

It has been especially important this year to focus on our mental health, and we have been doing a lot of work with the children centred on their wellbeing. It is Mental Health Awareness Week on the week beginning 10<sup>th</sup> May and each class will be doing activities that give children the opportunity to learn more about mental health and how to better connect with nature, this year's theme. Nature is central to our psychological and emotional health, and many people have been inspired to connect with nature in new ways over the past year. If you would like to access some really useful websites that focus on wellbeing and mental health, please find them [here](#) on our website.

## BELHAM BEES!

We had a visit from [The Good Bee Company London](#) who gave introductory sessions to our Yr1-4 children, letting them see our new hives and learning about bee colonies! We are buzzing with excitement and can't wait for our bees to arrive in May!



## KEY DATES

### Thursday 6<sup>th</sup> May

Q&A zoom session about secondary school applications for Autumn 2021 @ 4:30pm

### Wednesday 12<sup>th</sup> May

Q&A session about the Year 6 residential trip @ 5:30pm

### Friday 11<sup>th</sup> June

Art exhibition

### Friday 25<sup>th</sup> June

FOB Family camping trip!

### Thurs 8<sup>th</sup>- Friday 9<sup>th</sup> July

Year 6 Production

### Saturday 10<sup>th</sup> July

Summer Fair

### Monday 12<sup>th</sup> – Saturday 17<sup>th</sup> July

Year 6 Residential Trip

### Tuesday 20<sup>th</sup> July

Sports Day 2021

### Thursday 22<sup>nd</sup> July

Summer Concert

## PLANT POTS NEEDED!

If anyone has any spare (preferably large) plant pots, Reception and Year 1 would greatly appreciate them to grow their sunflowers and peas! Many thanks in advance!

## YR 6 PRODUCTION

If anyone knows of any local businesses who would like to advertise in our programme or sponsor us for a small donation, please can you contact the school office with info. Many thanks!

Creative reflection time next week will be about:

Mother Earth Day

# THE FRIENDS' FRIENDLY



ISSUE 103: 30 April 2021

Meet the FOB Committee and Class Reps on the Belham website  
<http://www.thebelhamprimaryschool.org.uk/friends-of-belham.html>

Contact us  
[friendsofbelham@gmail.com](mailto:friendsofbelham@gmail.com)

## Important dates

2 May	Y2/Y5 Velodrome
Sat 15 May	Reception Velodrome
Sunday 16 <sup>th</sup> May	Y1/Y4 Velodrome
25 <sup>th</sup> – 27 <sup>th</sup> June	Family Camping trip!
Saturday 10 July	Summer Fair

## Copleston garden

We had a great day in the sun last Saturday, working on the Growing Garden and other areas in the Copleston Road garden. Thanks to Giles, Catherine, Julie, Martina, Tom, Viola, Ana, Georgia, Liam, Joel, Sophie for teas and John for ice creams!



## Track cycling at Herne Hill Velodrome!

Tickets are now on sale for Reception, Year 1 and 4 Velodrome sessions: <https://buytickets.at/friendsofbelham/517710>

Sat 15 May  
Reception, inner track: 16:00-17:00

Sun 16 May  
Year 1, inner track: 11:00-12:00  
Year 4, outer track: 12:00-13:00

Bikes are provided for Year 4.  
Reception/Year 1 can use an appropriate bike supplied by the Velodrome or else bring your child's bike from home.

Please see the ticketing page for full details.

The Year 2 and 5 sessions are taking place this Sunday 2 May. At the time of writing, Year 2 is sold out but Year 5 had some spaces left: <https://buytickets.at/friendsofbelham/504386>

## FoB Camping Weekend

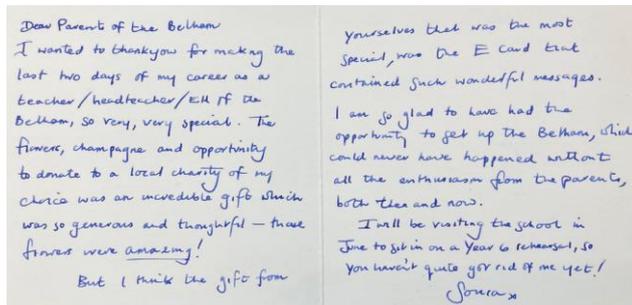
Get your tent pegs out for the FoB Camping Weekend, which we are hopeful can take place on 25<sup>th</sup> – 27<sup>th</sup> June! For those who haven't done this before, by all accounts it is great fun – expect beer, (the one thing we do know for sure is that if it goes ahead the Brick Brewery will be providing beer!), barbecues and boisterous children.

Obviously any plans these days must be a teeny bit tentative, and we are in discussions with the Scout Hut to confirm whether group camping will still go ahead, and obviously it all depends on the country opening up according to the roadmap, but we will be making fully refundable tickets available soon, so that people can put the dates in their diaries.

If you have any questions, if you've never camped before, if you want advice on equipment, or need help getting your kit to the site in Dulwich, please contact us at [friendsofbelham@gmail.com](mailto:friendsofbelham@gmail.com) and we'll be happy to help.

## Thank you from Sonia Case

Please see the lovely card we had from Sonia, this is to everyone who contributed to her collection or wrote in her card



## FOB Uniform Exchange

### To list uniform:

[http://bit.ly/FoB\\_2ndHandUniform\\_SubmitForm](http://bit.ly/FoB_2ndHandUniform_SubmitForm)

**To buy uniform** - search for items you might need on the stock list here. Contact the seller directly and arrange to collect your items. The seller updates the stock list once items have been collected.

[http://bit.ly/FoB\\_2ndHandUniform\\_Stock](http://bit.ly/FoB_2ndHandUniform_Stock)

<https://www.justgiving.com/friendsofbelham>

## Other useful links

**Koru Kids** – for £50 to FOB and £50 to the family, use the code SC1BELHAM in the "how did you hear about us?" section.

<https://www.korukids.co.uk>

**EasyFundraising** – Last year we raised **£86** through Easy Fundraising, but it could be so much more. Sign up here for a percentage of your online shopping to go to FOB:

[https://bit.ly/FoB\\_EasyFundraising](https://bit.ly/FoB_EasyFundraising)

**AmazonSmile** – choose FOB as your charity on Amazon and we will receive a tiny percentage of your spending – it all adds up.

## FoB Meeting: Tues 27<sup>th</sup> April, 8pm

Thanks to everyone who came to the FoB meeting on Tuesday, we had some very good discussions.

## Send us your recipes

If you have a "go to" family recipe that your children love, please email it to [friendsofbelham@gmail.com](mailto:friendsofbelham@gmail.com)

Here's a template

[http://bit.ly/FoB\\_Recipe\\_template](http://bit.ly/FoB_Recipe_template)

## FRIENDS OF BELHAM RECIPES

### #12: FLUFFY PANCAKES

From Robin Wilson

### Introduction

*Lovely recipe for fluffy pancakes from Barnaby's dad.*

### Difficulty rating: Easy

### Good for...

Children to eat ✓

Children to make ✓

Vegetarians ✓

### Ingredients

50g Sugar

200g plain flour + 2 teaspoons baking powder (or 200g self raising flour)

1 egg

A glass of milk

A knob of butter (optional)

### Method

*Whisk ingredients to a pourable gloop.*

*Pour ladle-full of gloop into moderately heated non stick pan (optional splash of oil).*

*Cook until bubbles are coming through nicely and base is brown.*

*Flip for a few seconds to seal the top...*

*Voila!*