

Headteacher: Ms Liz Cohen | Email: ecohen18.210@lgflmail.org | Tel: 020 8353 4290

HEADTEACHER'S NOTE

The Belham's school uniform has always been simple, affordable and comfortable to wear. It also helps create a sense of school community – at some point, you have probably spotted a class of Belhamites on their way to the garden or on a school trip! Uniform items can be purchased from any source you choose and there is no obligation to buy items that bear the school logo. Recently I have noticed that quite a few non-uniform items of clothing have crept in, especially trainers of different colours. We ask that your child wear black or navy school shoes, not trainers. If your child is wearing trainers, or other non-uniform items like jewellery (which can be unsafe to wear in the playground), either the office or your child's teacher will be in touch. You can find the uniform policy on the [school website](#). We are lucky to have Chef Leo, who leads the Harrison's catering team, cooking nutritious lunches for our pupils every day. Children are given main meal and dessert portion sizes appropriate for their age, plus they also have the option to take as much from the salad bar as they wish – a variety of salads are made including ones where the main ingredients are pasta or potato. We will include photos of the salad bar in next week's Buzz.

MORNING AND AFTER SCHOOL CLUBS

Morning and after school club selection for next term will be opening on SchoolsBuddy on **Monday at 9am**. Selection will close on **Thursday at 10am**. Please see attached timetables. You will receive confirmation of your club by **Friday 18th March**.

Due to various events in the school next term, we are only able to run clubs for 8 weeks as opposed to 10 weeks.

Clubs begin w/c 25th April – 21st May

Clubs begin w/c 6th June – Friday 1st July

Morning clubs are free, after school clubs this term will be £44 due to there only being 8 sessions. If you are in receipt of pupil premium you are entitled to one club for free.

Bookings for Early Birds and Owls will open on **Monday 21st March at 7:30pm**. More details on this to follow.

KEY DATES

Monday 14th March

Reception trip – Natural History Museum (packed lunch required)

Y2 swimming

Wednesday 16th March

Y3 swimming

Thursday 17th March

Y2 trip – Science Museum (packed lunch required)

Friday 18th March

Comic Relief Day

Y4 swimming

Friday 25th March

Y2&Y5 trip TCSET primary schools' concert @ William Booth Memorial Hall, Denmark Hill (details to follow)

Tuesday 29th March

Y2 trip – Unicorn Theatre - *Marvin's Binoculars* (packed lunch required)

Y4 trip – Unicorn Theatre - *Gulliver's Travels* (packed lunch required)

Friday 1st April

Last day of spring term

Tuesday 19th April

Children return to school

COMIC RELIEF CELEBRATIONS

This year we're doing 'The Masked Teacher' - Belham's answer to the Masked Singer franchise! Teachers have been getting their silly on to raise money for Comic Relief. The event is being aired on Dojo throughout the day on Friday the 18th of March.

Children are invited to wear non-school shoes and bright coloured socks! The brighter the better. All we ask is for a small donation to our Comic Relief fund -

<https://www.justgiving.com/fundraising/the-belham-primary-school4>

Thanks to you, last year we were one of the **top schools** for fundraising nationally so it would be great if we could do as well this year!

Please note that children must wear suitable shoes for PE lessons and trips to the garden.

Creative Reflection Time next week will be about: **St Patrick's Day**

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NATIONAL ONLINE SAFETY

This week's guide is '*What parents and carers need to know about YUBO*'. Please see attachment.

MAKE UP FOR CANCELLED CLUBS

Some of the clubs that were cancelled this term will be made up on the last week of term. They will be –

Tuesday 29th March – Art & Craft Y2-3

Wednesday 30th March – Sewing Y1

Thursday 31st March – Art & Craft Y4-6

INTERHOUSE TOURNAMENTS

The tournaments will take place at lunchtime on -

Tuesday 15th March – Year 3

Wednesday 16th March – Year 4

Thursday 17th March – Year 5

Friday 18th March – Year 6

SWIMMING AND PE SPRING TERM 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Y2 SWIM	R PE	Y3 SWIM	Y1 PE	Y4 SWIM
Y6 PE	Y5 PE	Y2 PE	Y1 YOGA	Y6 PE
Y3 YOGA			Y5 PE	Y3 PE
Y4 PE				

Lessons end on the week of 21/03/22 (inclusive of that week).

THE FRIENDS' FRIENDLY



ISSUE 138: 11 MARCH 2022

Meet the FOB Committee & Class Reps

<http://www.thebelhamprimaryschool.org.uk/friends-of-belham.html>

Contact us

friendsofbelham@gmail.com

SAVE THE DATE

18 March	School Disco!
24 March	Belham Lates – Claudia Hammond
26 March	Belham gardening day
28 March	Peckham History Walking Tour
3 April	Easter Egg Hunt
14 May	School Summer Fair
11 June	Belham gardening day
1-3 July	FOB Camping weekend
16 July	Belham gardening day

All tickets from: <https://www.tickettailor.com/events/friendsofbelham>

RECEPTION CLASSES SET A HIGH BAR FOR BELHAM BAKE SALES!



Reception saw us off to great start in the re-launch of Belham Bakes! Over 800 cakes were sold and £427 raised for the Reception playground refurbishment. Which year is up for doing the next one?! We're hoping to hold one each half term!

GIVING TO UKRAINE Thank you to those who donated to our collection for UNICEF's Ukraine appeal last Friday, which raised £560. A list of humanitarian organisations who are actively working on the ground to support refugees and displaced people, or for direct support to the Ukrainian government, is at the end of this newsletter.

SUMMER FAIR PLANNING

We will be holding a summer Fair planning meeting at The Montpellier next Wednesday 16th March at 8pm. All help in planning the Fair will be GREATLY appreciated! Drinks afterwards at 9pm if anyone wants to join us.

SEEKING SUMMER FAIR

SPONSORS We're also looking for **corporate sponsors** for the summer fair. If you know of a business who might be willing to donate please email friendsofbelham@gmail.com this week. All sponsors are publicised on marketing materials, and can have a stall at the fair if required.

SEEKING PLANTS FOR FAIR SALE



We will be holding a plant sale during the summer fair on May 14th. We will be looking for donations of your plants (indoor or outdoor plants). Cuttings will also be gladly received and we will get them settled in pots ready for the sale. We will let you know drop off dates / locations for the plants in the run up to the school fair.



SCHOOL DISCO – SELLING OUT FAST!

We have a few tickets left for the school disco next week on Friday 18th March:

<https://www.tickettailor.com/events/friendsofbelham/>

The kids' event of the year is here! DJ Dan is in the house, dropping some of the best bangers of the year. The kids will go wild for his crazy music, bubble machine and disco games! There will also be an opportunity for kids to get temporary UV tattoos and UV face painting. How can you resist?! Please note there is very limited space for buggies and limited step-free access so try to avoid bringing buggies if possible.

Friday 18th March at the Peckham Liberal Club on Elm Grove

4pm - 4:50pm: Reception & Year 1

5:05pm – 5.55pm: Years 2 & 3

6:10pm - 7:00pm: Years 4, 5 & 6

Tickets £4.50 per child (free for parents/carers and pre-school siblings but please order a free ticket so we can monitor numbers).

DISCO VOLUNTEERS NEEDED!

We're also looking for volunteers to help with the disco next Friday 18th. If you can help for an hour or more between 2.45pm and 7.30pm please email lucybeedham@gmail.com asap!

BELHAM LATES TALK & DRINKS – 24TH MARCH

The poster below gives more details of our first 'Belham Lates' event. We are excited to host local resident and **award-winning broadcaster, scientist and lecturer**

Claudia Hammond, who will be talking about her new book *The Art of Rest* – which examines the science behind our struggles to rest and sleep.



Claudia is the presenter of several podcasts and radio shows including *All in the Mind* on BBC Radio 4 which covers psychology, neuroscience & mental health and the weekly global health show *Health Check* on BBC World Service.

Tickets cost £4.50 for standard entry, or £11.50 including Claudia's book *The Art of Rest* (which has an RRP of £9.99). Claudia's talk will last about 40 minutes, followed by Q&A. Drinks will also be served:

<https://www.tickettailor.com/events/friendsofbelham>

BELHAM WALKING TOUR 28TH MARCH

FOB will host a historical walking tour of Peckham on Monday 28th March, at 7pm, starting at school.



Diane Burstein, a Blue Badge guide with over 25 years of experience, will be uncovering the story of our local area. She will highlight the multicultural history, artistic connections, architecture, regeneration, and notable former

residents. From Rye Lane, once known as the 'Golden Mile' and home to department stores that rivalled those of Oxford Street, through Peckham Square with its award-winning library and of course Bellenden Road, where you can learn the story behind its unique street furniture. The tour will finish at 9pm at the Montpelier pub on Choumert Rd where we have reserved an area to rest your feet and have a catch up (unfortunately, price of drinks not included!). Tickets on sale here: <https://www.tickettailor.com/events/friendsofbelham/>

EASTER EGG HUNT SUN 3RD APRIL

The Easter egg hunt will be at Lettsom Gardens (the Grove Park gate only), from 10am on Sunday 3rd April. £3.50 per child, non-school siblings and friends welcome. Please bring your own pencils to fill out the hunt forms. The prizes will be Fairtrade chocolate eggs from *Gather*. If your child has a food allergy, please email friendsofbelham@gmail.com by the 22nd March and we will source another tasty treat for them! There will also be hot beverages on sale for the adults. Tickets on sale here:

<https://www.tickettailor.com/events/friendsofbelham>

BELHAM GARDENING - DATES FOR YOUR DIARY!



Jersey moth on Buddleia at Copleston garden

We are organising three gardening days before the summer holidays to tidy up and plant within the school grounds. We would love a group of parents (no gardening experience necessary) to come along and lend a few hands:

Saturday 26th March - Spring clear up and Preparation and Planting of the Planters on the steps to the Terrace

Saturday 11th June - General Gardening and Improvements to the Reception Play Area

Saturday 16th July - General Gardening and upkeep

09:30 - 12:30. Meet at Reception entrance. Please bring your own gloves and trowels etc.

Looking forward to seeing many parents come along and help us tidy, plant and make the Belham School bloom this summer! Please contact Rachel Cook (rachelhomemail@gmail.com) to find out

REQUEST FOR VEG SEEDLINGS

This year, the gardening group is going to be helping the pupils grow their own veg! We would like to ask for donations of seedlings that can be brought in and transferred to planters and raised beds. We would like to start planting in a few weeks, so if you think you can help, please get in touch a.s.a.p. with Rachel to find out more (rachelhomemail@gmail.com).

UNIFORM SALE

FOB will be organising another second-hand uniform sale after the Easter holiday. Exact date TBC. So please hang on to your old uniform as we will be organising collections once the children come back.

FOB ETHICS POLICY

FoB believes that we should champion ethical behaviour and apply our values in any activity we undertake, in addition to meeting our legal and regulatory requirements. Our new ethical policy sets out FoB's values and provides a framework of ethical standards through which we will assess business partnerships, procurement, funding, and proposed events/activities. This document covers, among other things, inclusiveness, sustainability, and how we interact with our supporters and with the school.

The policy is on our website here, all comments and feedback welcome:

<http://www.thebelhamprimaryschool.org.uk/friends-of-belham.html>

EASTER CLUBS

Here is a list of Easter Clubs that we are currently aware of, please send others if you know of them and we will add/update (friendsofbelham@gmail.com):

&ART – Art classes at the Scout Hut on Bellenden Road 10.30-12.30 am on 4th/5th and 10th/11th April – £55 for the 2 day course. Email andartlondon@gmail.com to book.

Alleyn's Holiday camps – <https://www.alleyns.org.uk/alleyns-enterprises/holiday-camps> - Indoor and outdoor activities at Alleyn's school (£40 for standard day)

Gymnastics – <http://www.charismagymnastics.co.uk/holiday-camps/> - Gymnastic camp at Dulwich College P.E. Centre (note Easter booking not yet open)

Holiday Champs – <https://holidaychamps.co.uk/book-now-1> - A range of activities at Goose Green Primary School (£26/day) (note Easter booking not yet open)

Holiday Drop Off – <https://holidaydropoff.com/our-camps> - A range of sports focused activities at Dulwich College (£48/day)

Football Magic –

<https://www.footballmagiccoaching.co.uk/holiday-courses/> - Football for boys & girls (5 to 12 years old) at JAGS Sports Club Astro Pitch (£20/day)

JAGS Holiday Kids Club – <https://jagssportsclub.co.uk/jags-kids/#holiday-kids-club> – A range of activities at JAGS Sports Club including multi-sports all day (£30/day) or climbing

MAGNA at St John's & St Clements Primary School– <https://www.magnagroups.com/summer-camps-2020> - A range of activities at ST John's & ST Clement's Primary School (£32/day or £36/extended day, plus £5.00 for breakfast)

Nimble Arts at Goodrich Primary School SE22 – <https://www.nimblearts.co.uk/drop-off-club-se22> - A range of activities and workshops at Goodrich Primary School (£54/day, plus £6.50 for late pick-up)

Perform - https://www.perform.org.uk/portal/contact/courses/book-exp?xvar=vnu_id?xval=586 - Performing Arts camp - The Secret Garden (11th-13th April, £260 for 3 days plus sibling discount)

SMCC Juniors at Kingsdale– <https://www.smccjuniors.co.uk/2022-holiday-camps> - Cricket camp at Kingsdale Foundation School (£47/day)

The South London Dance Academy – <https://thesouthlondondanceacademy.com/easter-camp-2022-1> - Dance camp at Ivydale School (£35/day or £170/week)

BELHAM LATES



conversation, inspiration, enrichment

The Art of Rest by Claudia Hammond

Thurs 24th March
8pm

Tickets £4.50 or
£11.50 including "The Art
of Rest" book (RRP £9.99)

Tickets from:

[https://www.tickettailor.com/
events/friendsofbelham/662888](https://www.tickettailor.com/events/friendsofbelham/662888)



Claudia is an award-winning broadcaster, author and psychology lecturer - as well as a local resident! She is the presenter of several podcasts and radio shows including *All in the Mind* on BBC Radio 4 which covers psychology, neuroscience & mental health and the weekly global health show *Health Check* on BBC World Service.

In this talk she will share content from her latest book, *The Art of Rest*, which examines the science behind our struggles to rest and relax.



THE BELHAM

The Belham Primary School
165 Bellenden Rd, SE15 4DG

Friends of Belham



Ukraine donations

This is a list of some of the key humanitarian organisations we know with current Ukraine appeals. If you know of others who should be on this list, please email friendsofbelham@gmail.com. All organisations are recommended by national UK media or vouched for/known personally by FOB members. List is alphabetical.

Ukrainian or other European organisations:

British Ukrainian Aid (Medical Aid charity): <https://british-ukrainianaid.org/> or https://www.justgiving.com/fundraising/dennis-ougrin3?utm_source=whatsapp&utm_medium=fundraising&utm_content=dennis-ougrin3&utm_campaign=pfp-whatsapp&utm_term=b2ab487cd02f43adada84cddc8d94b2e

Come Back Alive (local Ukrainian NGO supporting armed forces): <https://www.comebackalive.in.ua/>

Disasters Emergency Committee: <https://www.dec.org.uk/> (UK Government will match funding up to £20m)

Lewisham Polish Centre: <https://justgiving.com/campaign/Ukrainianappeal>

Polish Humanitarian Action: <https://www.pah.org.pl/en/>

Razom: <https://razomforukraine.org/razom-emergency-response/>

Ukrainian Media appeal (independent media campaign support): <https://www.gofundme.com/f/keep-ukraines-media-going>

Ukraine Now (donate to central Bank of Ukraine to support armed forces): <https://ukraine.ua/news/donate-to-the-nbu-fund/>

With Ukraine (Ukrainian Embassy campaign): <https://www.withukraine.org/?fbclid=IwAR3hKntOyXQF7AsmrlYUNNcxArkVoaY8gdQEe7VVyiCPTYiBhwo5CpuO9cQ>

International humanitarian organisations:

Action Against Hunger: <https://www.actionagainsthunger.org.uk/ukraine-appeal>

Care International:

https://donate.careinternational.org.uk/page/100295/donate/1?ea.tracking.id=e75_homepage

International Rescue Committee (IRC):

https://help.rescue-uk.org/ukraine-crisis?initialms=ws_modl_fy22_ukraine_mmus&ms=ws_modl_fy22_ukraine_mmus

Lumos Foundation: working with orphaned children in Ukraine

<https://www.wearelumos.org/UkrainedonationUK/>

MSF (Medicins Sans Frontieres/Doctors without Borders): <https://www.msf.org/>

Oxfam: <https://www.oxfam.org.uk/oxfam-in-action/current-emergencies/ukraine-crisis-appeal/>

RedR: <https://www.redr.org.uk/>

Save the Children:

<https://www.savethechildren.org.uk/how-you-can-help/emergencies/ukraine-appeal>

The Red Cross:

[https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal?c_name=Ukraine%20Crisis%20Appeal&c_source=Homepage%20Herobox&c_medium=Internal&ccreative=Donate%20Landing_Homepage%20hero%20banner%20ICRC%20gives%20blankets%20to%20woman%20in%20Ukraine&c_code=175149&adg=BRC%20Site](https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal?c_name=Ukraine%20Crisis%20Appeal&c_source=Homepage%20Herobox&c_medium=Internal&creative=Donate%20Landing_Homepage%20hero%20banner%20ICRC%20gives%20blankets%20to%20woman%20in%20Ukraine&c_code=175149&adg=BRC%20Site)

UNICEF (UN Children's Agency):

<https://www.unicef.org.uk/donate/donate-now-to-protect-children-in-ukraine/>

UNHRC (UN Refugee Agency):

<https://donate.unrefugees.org.uk/general/~my-donation?cv=1>

World Vision:

<https://www.worldvision.org.uk/emergencies/ukraine-crisis-appeal/>

Other advice (including how to write to MP)

<https://www.unrefugees.org.uk/take-action/how-to-help-ukraine/>

https://www.theguardian.com/uk-news/2022/mar/01/help-ukraine-uk-donate-red-cross?CMP=Share_AndroidApp_Other